



# NORTHERN NEW MEXICO COLLEGE

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## EMPLOYEE PHYSICAL FITNESS CONTRACT

This contract is to signify an agreement between \_\_\_\_\_  
and NNMC to allow the employees to engage in physical fitness activities during  
work hours.

I agree to abide by the following schedule of activity for the \_\_\_\_\_ semester  
Beginning on \_\_\_\_\_ and ending \_\_\_\_\_ and understand that  
missed fitness periods may not be accumulated or used for any personal business.

DAY	TIME	ACTIVITY	LOCATION
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I further agree to notify my immediate supervisor should this schedule be altered,  
modified or should I cease the activity(s) indicated above. I further agree to provide  
my supervisor with a copy of the approved agreement.

Employee Signature \_\_\_\_\_ Date \_\_\_\_\_

Supervisor Signature \_\_\_\_\_ Date \_\_\_\_\_

Approved \_\_\_\_\_ Disapproved \_\_\_\_\_

Comments: \_\_\_\_\_